

FREMONT



ATHLETICS

“Winning Attitude,
Winning Tradition”

PARTICIPATION & ELIGIBILITY
PACKET 2009-2010

Athletic Participation Form

Name: _____ Age: _____ Grade: _____
Birth date: _____ School last attended: _____

Address City Zip

Emergency Contact Information

1. Name: _____ Home Phone: _____
Address: _____ Work Phone: _____
Relationship: _____ Cell Phone: _____
2. Name: _____ Home Phone: _____
Address: _____ Work Phone: _____
Relationship: _____ Cell Phone: _____

Medical History

1. Are you allergic to any medications? _____
If so, please list? _____
2. Please list any other allergies: _____
3. Are you required to wear any type of medical identification? _____
If so, please list? _____
4. List major past injuries/surgeries and dates? _____
5. Do you wear contact lenses? _____
6. Are you asthmatic and require the use of an inhaler? _____
7. Are you diabetic? _____

Insurance Company: _____ Policy Number: _____
Primary Physician: _____ Phone Number: _____

I fully understand that the Weber School District does not provide any accident or health coverage for my boy/girl while participating in interscholastic athletics. I fully understand that it is my responsibility to provide insurance coverage for my son/daughter.

Signature: _____ Date: _____
Parent/Legal Guardian

**Supplemental insurance for your son/daughter may be purchase from the Weber School District Insurance Company. Contact the athletic director for additional information.

FREMONT HIGH SCHOOL SPORTSMANSHIP CODE

1. Be courteous to opponents, fans, and cheerleaders.
2. Be representative in your behavior toward everyone present. You represent Fremont High.
3. Respect and abide by the officials' decisions.
4. Exercise self-control at all times; never boo an official, coach, cheerleader or player.
5. Display character in your every action.
6. Learn to win with character and lose with dignity.
7. Display appreciation for a good performance or play, regardless of the team.
8. Show enthusiasm and pride for Fremont High.

*Play like a champion,
win like a champion,
be a champion !!!*

Athletic Participation

By its nature, participation in interscholastic athletics includes the risk of injury which may range in severity from minor, to disabling, to even death. Although serious injuries are not common in supervised school athletics programs, it is impossible to fully eliminate the risk. Participants can and have the responsibility to help reduce the chance of injury. Players must obey all safety rules, report all physical injuries and problems to their coaches, follow a proper conditioning program, and inspect their own equipment daily.

By signing this permission form, we acknowledge that we have read and understand the above information and hereby give my consent for the above named student to:

1. represent himself/herself in approved athletic activities except those crossed out by the examining doctor
2. accompany any school team of which he/she is a member on its local and out of town trips
3. receive, through a medical doctor of the school's choice, emergency medical care which may become reasonably necessary in the course of such athletic activities or travel.

Signature: _____

Parent/Legal Guardian

Date: _____

Signature: _____

Student

Date: _____

Eligibility Requirements

The following requirements are in line with Utah High School Activities Association eligibility requirements and are the minimum requirements for participation in activities at Fremont High School. Eligibility requirements for individual groups at Fremont High School may exceed the listed standards; however, they may not fall below them in any area.

Academic Eligibility Standards

1. Students cannot fail more than one subject in the preceding grading period. If an incomplete grade is given, the student is ineligible until the "I" is made up and the grade change has been completed.
2. The grade point average (GPA) of the student for the quarter preceding participation and the GPA during the quarter of participation must be a 2.0 or better.
 - a. A student with a GPA less than 2.0 may be permitted to practice, but may not participate or compete at any level.
3. The determination of eligibility under the rule shall be made no later than 5 days following the last day of the grading period. Grade changes after that time cannot restore lost eligibility, except for a documented clerical error.

Attendance Eligibility Standard

1. To participate in any out of class activity, students may not be deficient in attendance credit by more than 0.75 credits. A student will not be allowed to participate in any out of class activity or competition until attendance credit loss is brought within acceptable limits.
 - a. Ten hours of pre-approved community service and a fee of \$15.00 is required to make up each 0.25 credits of attendance credit.
 - b. A student is expected to be in attendance the day of the activity.

Citizenship Eligibility Standard

1. In order to participate in any out of class activity students must have a citizenship point average of 2.50 or above as reported on their report card.
 - a. A student below 2.50 citizenship point average is placed on probation for two weeks. The student may practice, but may not participate in any out of class activity or competition.
 - b. Following the 2 week suspension, a progress report will be requested from the current teachers to assess the students' citizenship. If the CPA is still below 2.50, a second 2 week suspension will be assessed.
 - c. If the students' CPA is still below 2.50 following the second suspension, the student will be ineligible to participate in any out of class activity or competition for the remaining part of the quarter.

Other Eligibility Requirements

1. A student must be in compliance with all Utah High School Activities Association requirements to participate in any out of class activity or competition. Violation of safe school policy, (which includes drug and alcohol provisions), or any Fremont High School related rule or policy may result in loss of eligibility, suspension, and/or dismissal from the team or group. Check the following website for all Utah High School Activity Association rules and regulation:

<http://www.uhsaa.org/handbook/bylaws/bylaws.pdf>

Fremont High School

Athletic Department Policies

ARTICLE XI –Drugs, Alcohol and Tobacco

Section 1: The UHSAA supports the U.S. Supreme Court rulings regarding education. First, to prepare students to be good citizens and second, to teach them to be self-reliant and self-sufficient. Activities of the UHSAA contribute to both of these goals. The use of alcohol, tobacco products or other drugs in almost every instance deters the realization of these goals. Every effort shall be made at the local, region and state levels of participation to eradicate the promotion, use or abuse of alcohol, drugs and tobacco with regard to participation in high school sports and activities. Limitation for participation of students in Utah high school activities regarding the use of alcohol, tobacco products and other drugs during a sports season, as defined in the Utah Code are:

(a) First offense: Suspension from two consecutive games, meets, matches, competitions or performances at the same level of play (and any intervening levels as well). If a student has violated his/her group's disclosure or constitution, consequences will be enforced according to that document.

1. A student shall be reinstated (unless otherwise stated in a disclosure or constitution) after he/she has successfully completed a drug and alcohol screening by a licensed substance abuse intervention or treatment agency (Weber Human Services) and has provided a negative sample at the school. The parent may choose to go to their own provider at their own expense.
2. If the student chooses not to complete the screening and the additional test, he/she will not be allowed to participate for the remainder of that activity season or any future sport or activity until he/she has successfully met the criteria stated in #1.

(b) Second offense: If a second offense should occur during the school year, the student will be suspended for the remainder of that particular activity season. If that student wants to participate in another activity during his/her high school career, he/she must successfully complete a drug and alcohol screening through a licensed substance abuse intervention or treatment program where a prescribed follow up (counseling, etc.) is required and provide a negative sample. This assessment and testing will be paid for by the student or parent.

(c) Third offense: If a third offense should occur during a school year, the student will be suspended from participation in all extracurricular activities (as previously defined) for the remainder of the school year. In order to participate in any extracurricular activities during his/her school career, the student must successfully complete a drug and alcohol screening through a licensed substance abuse intervention or treatment program where a prescribed follow up (counseling, etc.) is required and provide a negative sample. This assessment and testing will be paid for by the student or parent

